

## Special Needs Organizations

Arc of DC  
817 Varnum Street  
Washington DC 20017  
202-636-2950  
[www.arcdc.net/index.html](http://www.arcdc.net/index.html)

Information courtesy of Arc of DC. Our mission is to improve the quality of life of all persons with mental retardation and their families through supports and advocacy. We envision a society in which individuals with mental retardation exercise their rights and are afforded a full set of opportunities and choices that enable them to contribute and have impact in the community.

Arc of Montgomery County  
Check attached website  
Montgomery County MD  
[www.arcmontmd.org/](http://www.arcmontmd.org/)

Information courtesy of The Arc, MD. The Arc of Montgomery County (The Arc, MC) aims to provide supports, advocacy and choices for people who have mental retardation and related developmental disabilities and their families. Through creativity, flexibility and the individual planning process, The Arc, MC will maximize the use of community resources and supports necessary to include people with mental retardation and related developmental disabilities in their neighborhoods. Inclusion is the cornerstone of The Arc of Montgomery County's foundation and philosophy.

Arc of Northern Virginia  
Check attached website  
Northern VA VA  
[www.thearcofnova.org/](http://www.thearcofnova.org/)

Information courtesy of The Arc of Northern Virginia. The Arc of Northern Virginia, an affiliate of the national organization, The Arc, was founded in May of 1962. From The Arc's roots as a group of concerned parents 50 years ago, we have spawned a national movement that has led to services where there were none, legal protections recognizing our human rights, and feelings of pride and dignity instead of shame. Clearly, our struggle is ongoing, but we have come a long way.

Arlington County - Therapeutic Recreation  
Check attached website  
Arlington County VA  
website

Programs are offered throughout the County. Check the attached website for the desired location, time and children's program. Discount offered to county residents.

DC - Therapeutic Recreation

Check attached website

Washington DC

<http://dpr.dc.gov/dpr/cwp/view,a,1241,q,637122.asp>

Programs are offered throughout the County. Check the attached website for the desired location, time and children's program. Discount offered to county residents.

Montgomery Ct - Therapeutic Recreation

Check attached website

Montgomery County MD

website

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Parents Resource Center - Alexandria

Check attached website

Alexandria VA

[www.acps.k12.va.us/prc/index.php](http://www.acps.k12.va.us/prc/index.php)

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Parents Resource Center - Arlington

Check attached website

Arlington VA

[www.arlington.k12.va.us/stud\\_serv/special\\_ed/prc/](http://www.arlington.k12.va.us/stud_serv/special_ed/prc/)

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Parents Resource Center - Fairfax

Check attached website

Fairfax County VA

[www.fcps.edu/ss/prchomep.htm](http://www.fcps.edu/ss/prchomep.htm)

Programs are offered throughout the County. Check the attached website for the desired location, time and children's program. Discount offered to county residents.

Parents Resource Center - Stafford Ct

Check attached website

Stafford County VA

[www.pen.k12.va.us/Div/Stafford/SpEd/parentrc.htm](http://www.pen.k12.va.us/Div/Stafford/SpEd/parentrc.htm)

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Parents Resource Ctr - Prince William Ct

Check attached website

Prince William County VA

[www.pwcs.edu/departments/SPED/?PRC/PRC\\_opener.html](http://www.pwcs.edu/departments/SPED/?PRC/PRC_opener.html)

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